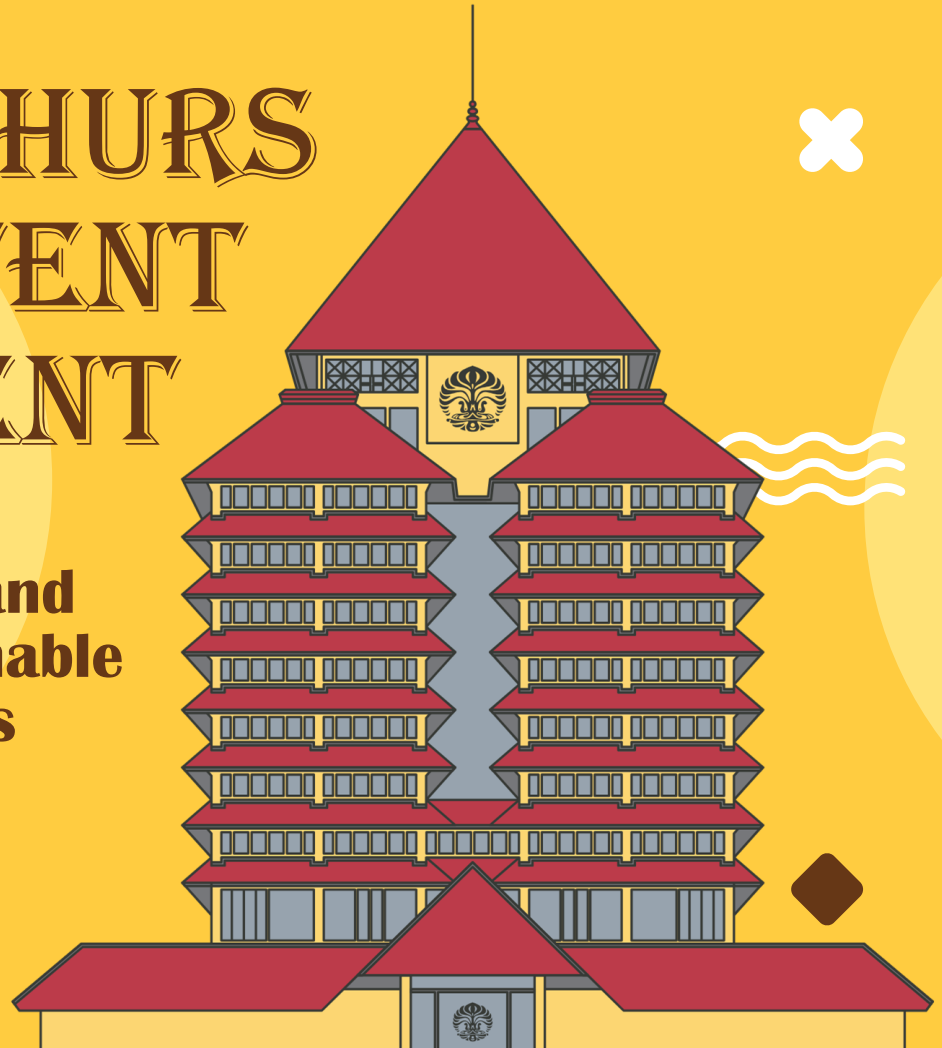


LEVERAGING HURS FOR CONSISTENT IMPROVEMENT

Engaging Faculties and
Encouraging Sustainable
Safe Healthy Campus



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Secretary to the University
Universitas Indonesia



Healthy University Rating System (HURS) and UI's Commitment

- The Healthy University Rating System (HURS) 2024 aligns perfectly with Universitas Indonesia's (UI) commitment to fostering a health-promoting campus. With 14 faculties and 1 vocational program, UI has long implemented initiatives such as the Rector's Decree on Occupational Health, Safety, and Environment (K3L) and the Disaster-Resilient Healthy Campus team.
- The COVID-19 pandemic accelerated these efforts, prompting UI to introduce health-related regulations that strengthened its resilience and sustainability. This highlights the strategic role of campuses in cultivating healthy habits among students for their future.
- By adopting frameworks like HURS, UI continues to enhance its health-promoting strategies, aligning with international standards and reinforcing its leadership in creating resilient, health-conscious academic communities.

Introduction to HURS



What is HURS?

- A framework to promote health in universities, based on the Healthy University Framework (HUF).
- Self-assessment tool covering 46 indicators across 22 areas.

HURS provides universities with a comprehensive structure to assess and enhance their health promotion efforts, aligning policies, infrastructure, and practices with international standards.

Assessment Categories

- System and Infrastructure (SI): Policies, environment, services, and research.
- Zero Tolerance Areas (ZT): Smoking, alcohol, gambling, violence.
- Health Promotion Areas (HP): Literacy, mental health, physical activity, nutrition, and ageing

These categories ensure a holistic approach, addressing physical, social, and environmental well-being on campus

◆ UI's Commitment to Health Promotion ✕

Strategic Campus Vision

- UI views campuses as pivotal spaces for shaping healthy habits that extend beyond graduation.
- Creating a sustainable, resilient environment encourages students to champion similar ideals in their future lives.

✕ UI positions itself as a strategic environment for instilling lifelong healthy behaviors, empowering students to contribute to healthier societies

Impact on Students & Campus Community

- Fosters lifelong urgency for healthy and sustainable living.
- Prepares students and campus community to thrive in all conditions and challenges.

◆ By embedding these values, UI ensures its students develop resilience and a commitment to creating ideal environments in all areas of life.



UI's Ongoing Health Initiatives



UI consists of 14 faculties and 1 vocational school


As one of Indonesia's leading universities, UI integrates health promotion into all academic and administrative units



- Implementation of Occupational Health, Safety, and Environment (K3L) policies.
- Formation of the Disaster-Resilient Healthy Campus Team.
- Strengthened regulations during COVID-19 to enhance learning environment sustainability and resilience.



These initiatives reflect UI's dedication to ensuring a safe and health-conscious campus environment for all.



Enhanced Efforts During COVID-19 Pandemic

ACCELERATED PROGRESS

- COVID-19 acted as a catalyst for robust health-related regulations.
- Enhanced focus on sustainable learning environments during the pandemic.

The challenges of COVID-19 pushed UI to innovate and prioritize health-focused solutions, ensuring resilience across all areas of campus life

KEY ACHIEVEMENTS

Comprehensive policies and initiatives to ensure safety and adaptability under all conditions

From strict safety measures to long-term sustainability strategies, UI demonstrated its ability to lead in times of crisis

◆ UI's Commitment to Health Promotion ✕

Broad Health Promotion Initiatives

- Wide availability of spaces and facilities supporting physical activities.
- Sustainable infrastructure.
- Green sustainable environment.
- Disaster preparedness.

UI provides diverse facilities to promote active lifestyles and create environmentally sustainable campuses

Partnerships

- Collaborations with private companies for organizing sporting events.
- Joint programs with government and NGOs on health policy and development.
- Extensive research and community service programs across Indonesia.

By working with private and public sector partners, UI amplifies its health promotion impact locally and nationally.

Joining HURS 2022



Framework Adoption

- Participation in HURS 2022 provided a structured framework to monitor health promotion progress annually.
- Encourages alignment among all faculties and units for cohesive implementation.

Joining HURS allowed UI to evaluate its health promotion programs systematically and set benchmarks for consistent improvement

Faculty Engagement

Faculties act as both enablers and mentors, ensuring students benefit from a comprehensive healthy campus experience

Faculties play a critical role in translating HURS principles into meaningful actions for students and the campus community

Faculty-Specific Strengths

RECOGNIZING UNIQUE CONTRIBUTIONS

- Faculty of Public Health: Leadership in health research and voluntary & community engagement programs.
- Faculty of Engineering: Expertise in environmental sustainability (e.g., solar panels, health technology innovations).
- Faculty of Political and Social Sciences: Strong in social campaigns, especially addressing sexual violence.

So what about the other 12 faculties? don't they have anything strong to show for this?

And what about the other 90% of HURS indicators that are not highlighted, are the mentioned faculties not able to demonstrate their implementation?



UI's success as a Healthy-Promoting University should mean that all HURS indicators are reflected in every piece of faculty seen, not only in specific faculty such as the mentioned. **All faculties should be equally strong and consistent in their implementation.**

Problem, situation, and needs analysis related to Health Promotion



Adaptation of various sources (laws, international references, various assessment events)



Framework and regulation assessment, drafting, and piloting



Review and issuance of regulations by the Rector



Faculty-wide adaptation and implementation

FPH is the main pioneer in the development of the Healthy Campus Program at UI. FPH UI is the center of policy development related to Health Promotion at UI.

170+

internationally indexed Health Promotion research during 2022-2023.

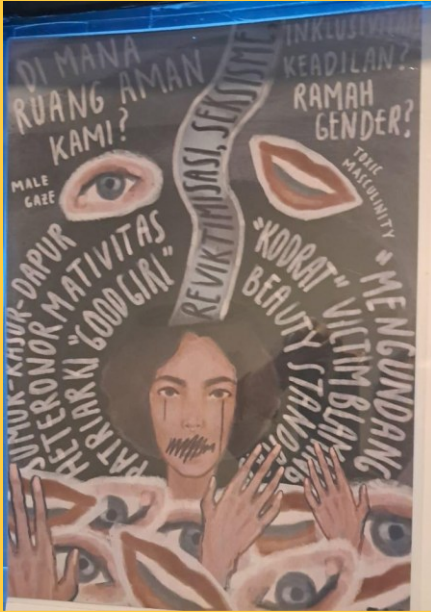
500+

students every year are required to carry out a health promotion program to the community as field-based learning program. Spread out in the areas of the city around the campus for 3 months. This program is mandatory for 6th or 7th semester students.

ALL

courses at FPH have health promotion content. Some of these courses can be undertaken by students from other faculties as enrichment.

FPH actively conducts scientific research and development, community service and empowerment, and networking with government and organizations related to health promotion.



The Student Association put up posters containing anti-sexual harassment campaigns, including how to complain and how to deal with acts of harassment. Posters were placed all over the place including the campus bus, open places like bus stops, wall magazines, to hidden places like restrooms.



FISIP through the Committee and Student Association held an anti-sexual harassment seminar. Through this seminar, FISIP called for UI to actively monitor and take action against all forms of sexual harassment. FISIP invites victims to dare to avoid and report.

FACULTY OF POLITICAL AND SOCIAL SCIENCE

FISIP is a pioneer in drafting regulations, strict action, seminars and campaigns related to various forms of sexual harassment in the campus environment.

FISIP developed the Committee for Handling and Preventing Sexual Violence. This committee actively deploys campaigns, seminars, and protests against the issue of sexual harassment on campus.

Expanding Perspectives Through HURS

Realizations

- HURS introduced a broader perspective on health promotion, extending beyond traditional health measures.
- Key areas now include:
 - **Sustainability**
 - **Environmental impact**
 - **Healthy ageing preparations**

HURS revealed the vast scope of health promotion, highlighting areas like sustainability and ageing that were previously underexplored

Unified Goals

The need for all faculties to align their efforts to achieve a sustainable safe healthy campus environment

Aligning all faculties under a shared vision ensures cohesive implementation of health promotion across UI

EXAMPLES

HEALTH & SAFETY UNIT



Last year (2023) we counted the compliance of motorbike users at the 3 main gates of UI, and this year as well. This is **done by the Safety and Health Unit (University Level)**. And indeed this is in accordance with the indicators instructed by HURS in ZT 6.2.



FACULTY OF MEDICINE



What was remarkable this year (2024) was that the faculties actually made their own compliance **observations at smaller levels**, at the entrance gates and parking lots of the faculties.

This shows how **faculties are adopting compliance** measurement that can be used as a best practice and provide interventions to non-compliant riders. This movement from the roots will improve overall compliance and habits.

FACULTY OF NURSING



FACULTY OF SOCIAL & POLITICAL SCIENCE

- a) Day 1: 140 riders, 140 wearing helmets (100%)
- b) Day 2: 155 riders, 155 wearing helmets (100%)
- c) Day 3: 160 riders, 160 wearing helmets (100%)
- d) Day 4: 150 riders, 150 wearing helmets (100%)
- e) Day 5: 165 riders, 165 wearing helmets (100%)
- f) Day 6: 145 riders, 145 wearing helmets (100%)
- g) Day 7: 170 riders, 170 wearing helmets (100%)

Conclusion and Future Vision

UI's Commitment

- Strengthen leadership in promoting a healthy, resilient, and sustainable academic community.
- Continuously improve through HURS benchmarks.

UI remains dedicated to being a leader in health promotion, striving for excellence through collaboration and innovation.

Call to Action

- Foster collaborative efforts across faculties and with external partners.
- Establish UI as a global leader in health-promoting university initiatives.

By leveraging HURS, UI is poised to set new standards for health-promoting universities worldwide.



PERATURAN REKTOR UNIVERSITAS INDONESIA
NOMOR 01 TAHUN 2016
TENTANG
IMPLEMENTASI KESELAMATAN, KESEHATAN KERJA DAN LINGKUNGAN
DI UNIVERSITAS INDONESIA

Signed January 6th 2016

Rector Regulation 01/2016 about the **Implementation of Occupational Health, Safety, Environment in Universitas Indonesia.**

WE KEEP IMPROVING



- **Evaluate the implementation** of all regulation points
- **Developing regulations** with more wider reach aspects and complex scope
- **Considering various aspects** such as awareness of the aspect of disaster management, to various references such as UI Greenmetric, Sustainability (SDGs), HURS, Healthy Campus Development by Ministry of Health



PERATURAN REKTOR UNIVERSITAS INDONESIA
NOMOR 15 TAHUN 2023
TENTANG
IMPLEMENTASI SISTEM MANAJEMEN
KESELAMATAN DAN KESEHATAN KERJA, LINGKUNGAN,
DAN AMAN BENCANA

Signed September 12th 2023

All aspects of HURS assessment are part of the implementation of the main regulation **Rector Regulation 15/2023** about the **Implementation of Occupational Health, Safety, Environment, and Disaster Preparedness Management System** in Universitas Indonesia.

Timeline

by AUN-HPN



Kick-off an official version of HURS system 2024
(August 15, 2024)



Kick-off Key-in of data
(Aug 15 - Nov 15, 2024)



Data verification
(Nov 17, 2024-Jan 15, 2025)



Reporting
(Feb, 2025)



Analysis and Reconsideration on HURS version 2025

by UI



Early Notification to Faculties
(30 Aug 2024)



Technical Meeting
(3 Sep 2024)



Data Collection & Submission by Faculties
(3-30 Sept 2024)

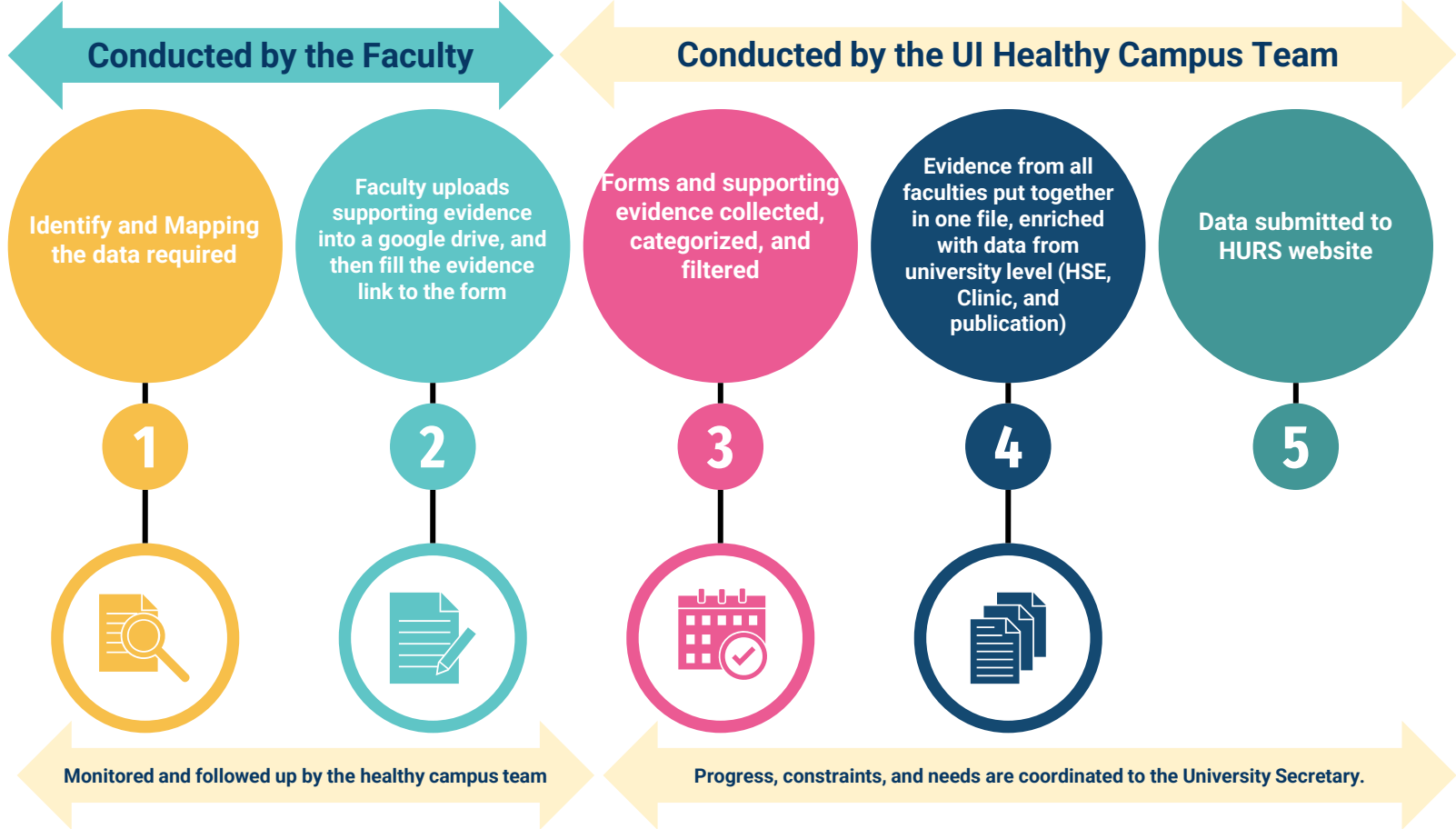


Data Cleaning, Compiling, Follow up by UI HURS Team
(1-31 Oct 2024)



Final Data Submission to HURS website by UI HURS Team
(1-15 Nov 2024)

Technical Data Collection from Faculty





HURS consignment 2024

Botanica Sanctuary, Bogor, 1-2 November 2024





THANK
YOU